

Geneva Lake United – Return to Play Health Information and Guidelines

PLAYER DROP OFF, PICK UP & PERSONAL RESPONSIBILITY INFORMATION

Recommended Kit/Gym Bag Items for Players

- Shin guards
- Cleats
- Clean Mask
- Hand Sanitizer
- 2 Labeled Water Bottles
- Personal, Labeled Soccer Ball

Preparing for Participation

- Prepare and pack your water bottle for training.
 - Each player is recommended to bring at least two bottles of water to training.
 - You should not share water bottles and are not recommended to use public water fountains.
 - Clearly mark your name on your water bottle.
- Get dressed at home in your training gear so that you can arrive at the training site ready to play.
- Participants are recommended to pack and bring to training personal sanitizing supplies, including hand sanitizers. Sanitizing materials should be clearly marked and not shared.
- Follow PPE (face mask) procedures.
- Wash your hands before departing for training or a match.
- Conduct a daily temperature check for low grade fever (>100.4.) at home before training. If you have a fever, do not go to training. Consult your physician.
- Travel with as few people as possible to training (ex: one parent and one child).

Arrival

- Arrive at your designated time.
- Participants should wait in their cars until their specific time to enter the facility or field.
- It is recommended that families remain in their vehicle and observe all social distancing guidelines OR leave the facility during the duration of training.
- Participants should report to their designated space. Each participant will have a marked space for arrival, storing belongings and departure.
- If parents plan to remain at practice, they will be asked to remain in their child's designated space to maintain distance from other families.
- Participants should use hand sanitizer to sanitize hands upon arrival.
- Participants will check in with their coach and answer the CDC's "Coronavirus Self-Checker" screening questions to affirm medical clearance to participate.

Pick Up

- Participants will follow PPE procedures and sanitize hands following practice.
- Families should remain in their car, or follow social distancing. If you plan to pick up your child from the field, please wait in your child's designated space. Participants will be released to their space to gather their belongings.
- Players may be dismissed individually or in small groups to limit crowding in shared spaces.

If you have questions specific to your child's practice field, please contact your team's coach.

PROTECTIVE MEASURE POLICY

Geneva Lake United is fully committed to safeguarding the health and safety of all staff, volunteers, participants and spectators. For this reason, effective immediately, Geneva Lake United enacts the following policy applicable to all staff and volunteers, regardless of position or authority:

Staff and volunteers shall:

- Model the guidelines outlined in Geneva Lake United's Return to Play Health Information and Guidelines for participants and enforce all guidelines for participants
- Maintain six feet physical distancing and minimize contact from others whenever possible
- Be required to wear a face covering:
 - Coaches are required to wear a mask during matches and during trainings
 - Players not on the field of play during a match will be required to wear a mask
 - Spectators in attendance at a match will be required to wear a mask. Any spectator who cannot meet this requirement may observe from a vehicle and/or be absent from the fields/facility until the match is completed
- Demonstrate proper use of all personal protective equipment or PPE prior to performing club-related duties
- Not have any direct person to person contact (i.e., no hand shaking, no high fives, no hugs)

Geneva Lake United shall:

- Require all staff, volunteers and participants to wear face covering as outlined in [public health orders](#) and Geneva Lake United's Return to Play Guidelines:
 - Coaches are required to wear a mask during matches and during trainings
 - Players not on the field of play during a match will be required to wear a mask
 - Spectators in attendance at a match will be required to wear a mask. Any spectator who cannot meet this requirement may observe from a vehicle and/or be absent from the fields/facility until the match is completed
- Limit in-person meetings and use other means of communications such as Zoom, Skype and email, that are not in person
- Limit number of staff, volunteers, participants and spectators present on the premises at any given time to [current order limits](#)
- Spread out stations so staff, volunteers and participants can remain six feet apart at all times
- Provide guidelines for drop off and dismissal to limit contact between parties
- Provide physical guides and signage to participants to minimize physical proximity
- Post [physical distancing signage](#) throughout the premises reminding everyone to practice physical distancing
- Provide special accommodations for vulnerable workers or those unable to wear face covering
- Help coaches implement the revised field organization shown on page 3

Training Resources

- [Physical Distancing Guidance for Workers](#)
- [Using Cloth Face Coverings in the Workplace](#)



Coronavirus (COVID-19) Prevention

There are currently no medications to prevent or treat the coronavirus, but you can limit your exposure & prevent the spread of germs.

<p>1 Wash your hands often</p> <p>Wash your hands and wrists for at least 20 seconds. Use soap and water or hand sanitizer. Avoid touching your face.</p>	<p>2 Avoid touching your face</p> <p>Avoid touching your eyes, nose, and mouth.</p>	<p>3 Avoid close contact with people who are sick</p> <p>Practice Social Distancing</p>
<p>4 Stay home if you are sick, avoid going to work or school</p>	<p>5 Cover your cough or sneeze</p> <p>Cough or sneeze into your elbow or a tissue. Throw the tissue in the trash.</p>	<p>6 Clean and disinfect</p> <p>Frequently touched objects and surfaces such as door handles, light switches, tables, etc.</p>
		<p>7 Wear a face mask if you are sick</p>

NO MASK



NO ENTRY

CLEANING AND HYGIENE POLICY

Geneva Lake United is fully committed to safeguarding the health and safety of all participants, volunteers and staff. For this reason, effective immediately, all Geneva Lake United staff and volunteers, regardless of position or authority, must comply with the following facility cleaning and hygiene policy:

Geneva Lake United is responsible for explaining to all staff and volunteers the cleaning protocols and frequency of all common areas and equipment.

Geneva Lake United is responsible for explaining to all staff and volunteers the proper use of cleaning supplies and safety concerns of products used.

Geneva Lake United is responsible for explaining to all staff and volunteers how to clean and disinfect after persons suspected/confirmed to have COVID-19 have been in the facility.

Geneva Lake United Staff must ensure:

- All staff and volunteers understand facility cleaning and hygiene procedures;
- Staff, volunteers and participants do not share equipment, when possible. High-touch surfaces and equipment are disinfected between users;
- Equipment is disinfected after use, as outlined in Geneva Lake United's Return to Play Health Information and Guidelines
- Only [EPA approved disinfectants](#) effective against COVID-19 are used;
- Staff, volunteers and participants provide hand sanitizer for use during programming.

Staff and volunteers are responsible for:

- Replenishing or letting the person-in-charge know when cleaning supplies are low;
- Performing cleaning as scheduled;
- Using proper disinfecting supplies.

Resources for Cleaning

- [EPA-approved disinfectants](#)
- [CDC Cleaning and Disinfecting Your Facility](#)
- [EPA's Safe Disinfectant Use](#)

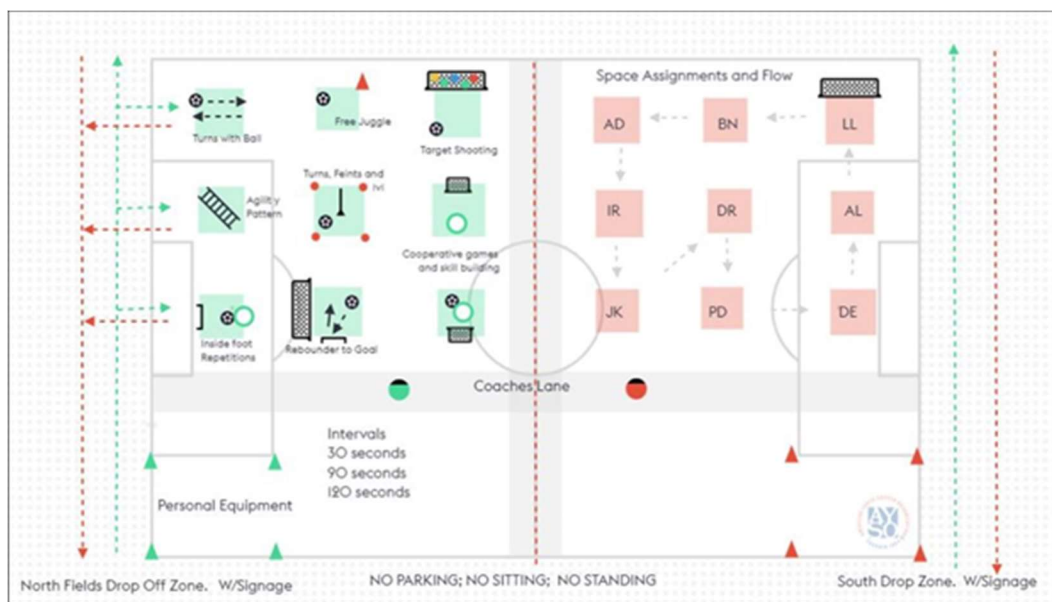
REVIEW AND SUMMARY OF RETURN TO PLAY PHASES

Geneva Lake United is committed to the health and safety of our players. In response to COVID-19, we will follow the US Soccer's Play On Grassroots Soccer Return to Play guidelines. The current phase and progression between phases is based on guidance from WYSA, Public Health Madison & Dane County and the best interest of our players. To review US Soccer's complete guidance on each phase, visit: <https://www.ussoccer.com/playon/guides>

Phase 0 - No recreational organized activities

Phase 1 - Individual and Small Group Training

- Staggered start times to minimize traffic flow and crowding
- Team Snap Check In; attendance will be maintained for contact tracing
- Assigned socially distanced spaces for storing belongings and practicing
- 9:1 player to coach ratios
- Players avoid handling or heading the ball
- Guidelines for rotations and pick up and drop off, including health screening
- All equipment will be disinfected prior to practice; Only coach handles equipment
- Individual equipment for each player (water bottle, bib, ball, etc.)
- Physical distance maintained between players at all times
- Teams practice together and volunteer coaches will be required to maintain appropriate ratios
- No competitions or tournaments
- All participants are recommended to wear new or clean PPE upon arrival, departure and when not physically active during activities
- Players must adhere US Soccer's Health and Hygiene recommendations and remain home when ill
- Parents should communicate any possible exposures to the club
 - An example of Phase 1 practice design:



Phase 2 - Full Team Training

- Staggered start times to minimize traffic flow and crowding
- Team Check In; attendance will be maintained for contact tracing
- Full team practice is allowed
- Guidelines for pick up and drop off, including health screening

- All equipment will be disinfected prior to practice; Only coach handles equipment
- Individual equipment for each player (water bottle, bib, ball, etc.)
- Physical distance maintained between players, with limited exceptions for training purposes
- No competitions or tournaments
- All participants are recommended to wear new or clean PPE upon arrival, departure and when not physically active during activities
- Players must adhere US Soccer's Health and Hygiene recommendations and remain home when ill
- Parents should communicate any possible exposures to the club

Phase 3 - Full Team Competition

- Staggered start times to minimize traffic flow and crowding
- Attendance will be maintained for contact tracing
- Full team practice and competition with other teams is allowed
- Guidelines for pick up and drop off, including health screening
- All equipment will be disinfected prior to practice or play; Only coach handles equipment
- Individual equipment for each player, when possible (water bottle, bib, etc.)
- All participants and spectators are recommended to wear new or clean PPE upon arrival, departure and when not physically active during activities
- Players must adhere to US Soccer's Health and Hygiene recommendations and remain home when ill
- Parents should communicate any possible exposures to the club

Phase 4 - No restrictions